

Great Gourmet Encounters Launches Cooking Classes and Shopping Tours

Great Gourmet Encounters offers cooking classes, private and group gourmet cooking lessons and food focused shopping tours in the Greater Ohio region with an emphasis on easy, healthy gourmet cooking. Join the fun and encounter something different...learning to cook well, eat well, live well.

Online PR News – 07-March-2010 Lima, Oh – Pat Good announces the launch of Great Gourmet Encounters, offering [Cooking Classes](#), and food focused [Shopping tours](#) from Lima, Ohio. Cooking demonstration classes are held at ArtSpace Lima where Chef Pat will demonstrate classic cooking techniques and prepares gourmet dishes, such as Grilled Chicken Breast with a Blackberry Ancho Chili Wine Reduction, Grilled Asian Salmon, fresh hand-made vinaigrettes and dressings, innovative soup selections. The gourmet cooking classes are presented in a fun and informative format, and feature delicious dishes matched with perfect wine pairings. Two classes exploring cuisine for Spring are scheduled for March 27th cost \$23.00 and April 10th 2010, cost \$26.00, 12:00 – 2:00pm and classic cooking classes \$20.00, scheduled for May and June,. The full schedule is available at

www.greatgourmetencounters.com with new classes being added frequently. "Great Gourmet Encounters is excited to be offering cooking classes in Lima and share the skills, knowledge and love of cooking we've acquired, but most importantly-to share the fun of cooking. Pat Good, founder of Great Gourmet Encounters says, "We will be scheduling new classes in the coming months and featuring guest chefs to include a wide variety of cuisines and vegetarian dishes."

Private cooking classes for individuals, couples and groups are also available. Private classes offer a fun experience for students in their own home or you're invited into Chef Pat's kitchen to learn her cooking tips and secrets. From her cozy kitchen or yours, she teaches each student how to equip their kitchens, prepare gourmet-inspired and healthy recipes and select complementary wines -- and to love food even more than they already do.

Great Gourmet Encounters is also offering Learn-to-Shop Well tours. The foundation for good cooking and healthy eating is fresh, healthy ingredients. During the Learn-to-Shop Well tours, Great Gourmet Encounters will provide a personal guided tour by a knowledgeable chef to answer your questions and more. Learn-to-Shop Well tours are held at Rays Market at 890 South Cable in Lima, Ohio and are scheduled on many Tuesday and Thursday evenings from 7:00 to 9:00 pm and Saturday mornings from 8:00 to 10:00 am, with a special tour being offered on March 20th at 11:30 am to 1:30 pm. Tours are \$15.00 and take approximately 2 to 2 1/2 hours and include handouts, nutritional information, and a reusable shopping bag.

Gift certificates are available for purchase on the website and make great gifts for brides and grooms, graduates, birthdays and Mother's day and Father's day gifts.

More information and reservations for classes can be made at www.greatgourmetencounters.com.

About Great Gourmet Encounters:

Great Gourmet Encounters was founded by Pat Good, who has lived in Lima area for almost twenty years after experiencing food culture and cuisine in many parts of the country. Pat has had a wide variety of

experience in business, as an entrepreneur and Vice President of Finance at the Lima/Allen County Chamber of Commerce and in the food industry, as a successful caterer in Boston and Lima. Her reputation as a gourmet cook and chef is well known in the Lima community, especially her desserts, cakes and international cuisines. For more information or reservations call 419-303-0605 or email us at help@greatgourmetencounters.com or visit www.greatgourmetencounters.com.



[ChefPatGood_web1.png](#)

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