

## Natural Living Cures Rheumatoid Arthritis with Organic Food, Supplements and Natural Medicine

*In a new three and a half minute video produced by natural living expert Larry Cook, Dr. Simon Barker, ND - a California Licensed Naturopathic Doctor - explains how he uses the principles of natural living to reverse Rheumatoid Arthritis.*

**Online PR News – 16-March-2010** In a new three and a half minute video produced by natural living expert Larry Cook, Dr. Simon Barker, ND - a California Licensed Naturopathic Doctor - shares how he uses the principles of natural living, such as eating whole organic food, taking supplements and using [natural medicine](#), to successfully reverse Rheumatoid Arthritis.

Rheumatoid arthritis is an autoimmune disease. An autoimmune disease is one where the body attacks parts of itself. In the case of Rheumatoid Arthritis, the body attacks the joints, causing pain, difficulty with motion and sometimes deformities.

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Dr. Barker says, "When a patient with rheumatoid arthritis comes to see me, I'm particularly interested in how well the gut is operating. People who suffer from Rheumatoid Arthritis usually have food sensitivities, leaky gut syndrome, bacterial or fungal toxins in the gut, environmental toxin overload and other related digestion problems."

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Naturopathic Medicine is a natural medicine model that emphasizes the identification and treatment of the root cause of the disease or health condition in order to restore health. Conventional and alternative diagnostic testing is used to evaluate the root cause of disease symptoms and then diet and lifestyle modifications are prescribed along with appropriate nutrients, botanical medicine, homeopathic remedies and other natural therapies to enable healing of the affected areas of the body.

Mr. Cook says, "Natural living works because the body will heal itself when given the right conditions. When

people take full responsibility for their food choices and lifestyle choices that affect overall health and also decide to work with a qualified [natural medicine professional such as a Naturopathic Doctor](#), symptoms of Rheumatoid Arthritis completely disappear.” To watch the video of Dr. Barker share how he successfully diagnoses and treats Rheumatoid Arthritis, visit <http://www.thenaturalguide.com/nd/sb-rheumatoid-arthritis.html>. To learn more about natural living, visit <http://www.thenaturalguide.com>.

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The Beginner's Guide to Natural Living

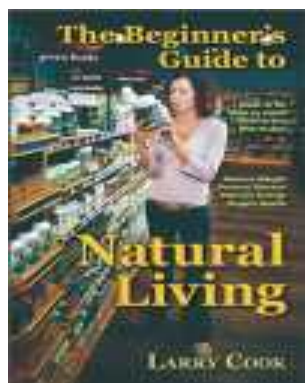
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## Image Gallery



Larry Cook is a natural living video producer, and author of The Beginner's Guide to Natural Living.



[book-cover.jpg](#)

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